



## Volunteer Opportunities for Groups and Youth

(Individual Adult Opportunities on Reverse)

### Meal Preparation Team

- Plan a menu, purchase your ingredients and then use the House's fully-stocked kitchen to prepare and serve dinner (or breakfast on weekends) to our families.
- Meal teams are limited to 10 members or less. Must be 12 years of age or older. (No more than 4 youths).
- Time Commitment: 3-4 hours. Late afternoons/evenings for dinners, weekend mornings for breakfasts.

### Cookie Crew

- Bring your favorite recipe and your ingredients and use our kitchen to bake tasty treats for our guest families.
- Teams of 2-6 people or experienced single bakers. Must be 12 years of age or older. (No more than 4 youths).
- Time Commitment: 1-2 hours; Weekday mornings/weekend afternoons.

### Activity Evenings

- For Monday Bingo we provide the ball cage and cards, while Wednesdays we invite you to bring in your favorite activity or craft and any necessary supplies to share!
- Groups of 2-5 people can come share some fun with our guest families.
- Time Commitment: 1-2 hours; Monday Bingo and Wednesday Activity evenings.

**SIGN UP  
ONLINE  
TO  
VOLUNTEER!**

visit  
[rmhofcharlotte.org](http://rmhofcharlotte.org)

### Cleaning Teams

- We supply the cleaning tools and materials, you provide the people to help! Groups will be assigned an area of the House to deep-clean to keep our House safe for guest families.
- Groups of 10-20 people can participate.
- Time Commitment: 1.5-2 hours; mid-day, as needed.

### Teen Service/Teen Volunteer Board (TVB)

- High school students in 9th-12th grade can sign up to participate in teen-only service opportunities. Juniors and seniors can apply in the spring to participate in TVB which includes monthly meetings, service activities and events.
- Time Commitment: varies.
- Application required for TVB; applications available online or by request.

### Kids Helping Kids

- Kids Helping Kids is a monthly program held on the 1st Saturday of each month in the afternoon (advance sign-ups are required) for kids ages 6-11 years old to do a craft, to take a tour, and learn about helping others.

### Collection Projects

- Great for groups who can't come to volunteer in the House.
- Help collect Pop Tabs or needed items from our online Wish List!
- Scout troops, schools, and other groups can participate in Door Decor/Table Toppers for our families.

**Questions? Please contact  
Jess Palacio, Group Volunteer  
Coordinator at (704) 335-1191 or  
[Jessica@rmhofcharlotte.org](mailto:Jessica@rmhofcharlotte.org).**





# WAYS TO VOLUNTEER

## Volunteer Opportunities for Individuals (Adults)

(Group Adult and Youth Opportunities on Reverse)

**Individuals volunteers assist with a variety of activities on a regular basis. Training begins with the fundamentals and as the volunteer gains experience more volunteer opportunities are available.**

Training begins with a focus on the following three areas:

- Daily Cleaning of Common Areas (for example, sweeping, vacuuming, loading/unloading dishwashers, wiping down surfaces, etc.).
- Room Turnovers (following turnover guide to ensure all details are complete in guest rooms for the next family checking in).
- Family Services Skills (checking families in).

After performing 18 hours consisting of the above tasks a volunteer is eligible to apply for the additional Volunteer Jobs:

- Kitchen Host Volunteer (assisting in the House with a focus on all kitchen activities during meal time)
- Storage Room Captain (maintaining order of storage areas/supplies, rotating/stocking household supplies)

After 36 hours consisting of HOV general tasks and/or Kitchen Host Volunteer tasks, a volunteer is eligible to apply for the following additional Volunteer job:

- Volunteer Hub Assistant (answering/transferring phone calls, greeting public, accepting donations, assisting visitors with signing in/out).
- Community Ambassador (representing the House at public events, speaking engagements, tours, etc.)

### General Requirements, Qualifications, and Commitment:

- Valid email address and internet access
- Must be 18 years of age
- Complete and submit an application
- Background check (completed online through Verified Volunteers, cost is \$37.50)
- Completion of online training (four 10-minute long videos and accompanying quiz)
- One three-hour shadow shift with a focus on daily cleaning, room turnovers and guest family check in
- Minimum commitment of 36 hours (or twelve 3 hour shifts) per year. Shifts are available seven days a week, 8 am-11 am, 9 am-12 pm, 11 am-2 pm, 2 pm-5 pm, 5 pm-8 pm.

### Benefits: We value our volunteers!

Throughout the year, you will have the opportunity to receive tickets to special events, free swag and goodies, complimentary coffee and cookies, and invitations to recognition events.

**Questions? Please contact Leslie Teiro, Volunteer Services Manager,  
(704) 335-1191 or [leslieteiro@rmhofcharlotte.org](mailto:leslieteiro@rmhofcharlotte.org).**

